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window cleaning • gutters • pressure washing

610.433.2654

Supporting recreation in Hanover Township!

Hanover Township Residents receive a 10% discount when mentioning this ad!

PA063079

STOP and SAVE!

Pick up your Save Around Town & Bon Ton Community Day booklet and support Recreation in Hanover Twp.

ON SALE NOW!

“The Heart of the Community”



Hanover Township
Community Center
3660 Jacksonville Rd.
Bethlehem, PA 18017

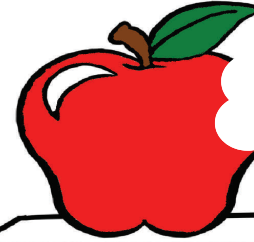
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522**



Fall/Winter Program Guide 2011-2012



Time for class!



Annual Fitness Fair!
Bite into fitness...
Saturday, January 7, 2012
9am - 12pm
Discounts and free
access to HTCC all day!



HTCC

Hanover Township Community Center
“The Heart of the Community”
3660 Jacksonville Road
Bethlehem, PA 18017
610 317 8701
Hanovercommunitycenter.com

Dear Residents,

This past week was the hottest week in a long time reaching three digits multiple days. The pool opened to all residents for free one day and we tried to stay cool in bath water temperatures! It's nice to know when it is that hot, the cooler weather will be here before we know it. We are keeping the hot in our programs though, bringing back some favorites and offering some new choices. Watch the Hanover news-letter to expand on some of the new programs as well as information that did not quite make the publishing deadline here. Thank you to all our members for your support, you are what keeps HTCC thriving!

Hope to see you soon at the Center,

Cathy

Cathy Heimsoth, Recreation Director 610-317-8701 ext. 101

Fran Taglang, Assistant Recreation Director ext. 103

Rob Cepin, Asst. Rec. Director-programs/aquatics ext. 112

Anne Francis, Accounts Manager ext. 102

Enrichment & Preschool Dept. ext 104

Jay Finnigan, Township Manager 610-866-1140

Gym Rental Information:

Rental requests for the gym are processed on a first come first serve basis. Requests for gym rentals for fall/winter are taken after July 1st, and for spring/summer after January 1st. A \$50 damage deposit is required for all gym rentals. Insurance must be provided.

Field and Pavilion Permits:

All field and pavilion permits are processed on a first come first serve basis. Pavilion permit is \$60 or \$120 per day. Rules and Regulations apply. Application can be picked up at the Community Center. Field permits begin with a \$25 permit fee plus a \$5 per day charge. Crawford Fields: \$10 hr (minimum 2 hours). Requests follow the same time frame as gym rentals.

Meeting Room Rentals:

The 2200 sq. ft. all-purpose room can be divided into 4 sections. Fees are as follows: 1/2 the room \$60 per hour; full room \$85 per hour; Classrooms or 1/4 of meeting room \$35/\$45 per hour. All rooms are available year round at any time. A \$50 damage deposit is required for all meeting room rentals. Catering services are available.

Rental and Permit requests may be accessed through our website:

www.hanovercommunitycenter.com

Refund Policy

HTCC membership and program* fees are non-refundable and non-transferable.

Cancellations

Classes can be cancelled if minimums are not met. Please register early.

*If you are registered and the class is cancelled, a full refund will apply.

Lockers— Day lockers are available for all members, please remove locks when you leave for the day.

Easy Ways to Register E-mail Stop-by Phone Mail Fax

Family Name _____ Address _____ Zip: _____
Adult First Last

Home Phone _____ Work Phone _____ E-Mail _____

Participant	Description of Member-ship**/Program*	DOB	(M /F)	Fee\$

*Registrations are on a first come first serve basis.

**Please list all family members and birth dates for membership purposes.

Total Due: _____

Method of Payment

CK# _____ (circle) VISA MASTERCARD

Cardholders Name _____

Acct. Number _____

Amount of Payment _____

Expiration Date on Card _____

Authorized Signature _____

a. I waive, release, and discharge Hanover Township, and any employees, supervisors, representatives or agents of Hanover Township, from any and all claims or liabilities for death, personal injury, property damage, theft or damages of any kind, arising out of or relating to my activities at, or my travel to and from HTCC. b. I agree not to sue Hanover Township or any employees, supervisors, representatives or agents of Hanover Township from any claims made assessed against them as a result of my association with the Hanover Township Community Center and/or my participation in its programs and activities. Memberships/Programs are non-refundable.

Walk in registrations: M-F 6am-10pm/Sat 7am-6pm or Sun. 11pm-5pm

Mail to: HTCC

3660 Jacksonville Rd.

Bethlehem, PA 18017

Or Fax: 610-317-8704

Signature: _____

Need support to find a healthier, happier you? For a free consultation, contact Christine@findyourwaytohealth.com

Christine Scarince Health Counseling
www.findyourwaytohealth.com



Wellness Workshops coming soon to HTCC!

Memberships

Annual Basic Membership

This includes use of the gymnasium, game room, locker room, and lounge areas. Also, discounted rates on HTCC programs. Fitness room use is \$5 per visit, aerobic classes are \$3 per class, and babysitting is \$2 per hour per child. Basic memberships are only available by the year.

	Resident	Non-Resident
Family	\$140	\$220
Adult	\$82	\$128
Student	\$67	\$106
Senior (62+)	\$67	\$106

Annual Fitness Membership

This includes all Basic Membership privileges, plus FREE use of the fitness room, FREE aerobic classes, FREE babysitting, & discounted rates on HTCC programs. Prices quoted are for memberships paid in full.

	Resident	Non-Resident
Family	\$520	\$760
Adult	\$270	\$405
Student	\$126	\$190
Senior (62+)	\$126	\$190

Monthly installment plans are also available. Contact HTCC for info.

Program Membership

Designed so a family can receive discounted program rates. One free program is included with this rate (up to \$60 value). Does not apply to cheerleading/children services.

	Resident	Non-Resident
Family Only	\$75	\$120

Basketball Membership

Designed so an adult can only use the basketball courts.

	Resident	Non-Resident
Adult Only	\$67	\$106

- Student: full time student 22 years and under.
- Family Membership includes 2 adults and all children 22 and under living in the same household.

HTCC participates in many Senior Blue Forever Fit Programs. Check with your Insurance Co. to see if your membership is covered.

Membership Cards/Security System

Members receive a membership card and need to bring it with them for entry into the Center. The security system was installed in 2007 to secure the facility for our families. Membership cards will simplify entrance to the building and track usage. \$5 fee for replacement of lost card.

Join us on FACEBOOK– Become a fan!
www.hanovercommunitycenter.com

PROFESSIONAL DOOR & OPENER CO.

Sales • Service • Installation • Repairs
Garage Doors & Openers
www.prodoor.com
610-691-7072
Bethlehem

PROFESSIONAL DOOR & OPENER CO.

Sales, Service, Installation
Of Retractable Awnings
www.prodoor.com
610-691-7072

St. Nicholas Russian Orthodox Church
30th Annual Parish
“Russian Days” Festival
September 9,10,11 2011 * opens daily 11:00 A.M.

Schedule	Sunday continued...
11 am / Festival Opens Daily	5 pm Church tour
Friday, September 9	7 pm Festival closes
11 am Festival Opens	Church Grounds
2 pm Church tour	Crafters * Face Painting By Kim
5 pm Church tour	* Rollies Ice Cream
6-9 pm Jolly Joe Timmer –Polka/Dancing	Chernay Fellowship Hall Attractions
9 pm Festival Closes	Treasures of Russia—Everything Russian
Saturday, September 10	Decorated Wooden Eggs * Hand Painted
11 am Festival Opens	Lacquired Boxes * Icons * Lomonosov
12-3 pm The Occasions - Polka/Dancing	China * Matroshka Nesting Dolls
2 pm Church tour	* Russian Christmas Ornaments *
4-7 pm Pennsylvania Villagers-Polka/Dance	DW Wreaths - Unique Floral Creations, Just
5 pm Church tour	Tea & Pysanky, Amazing Monograms and
8 pm Festival closes	more.....
Sunday, September 11	Ethnic Foods * Delicious & Decadent
9 am Diving Liturgy	Baked Goods
11 am Festival Opens	Eat-in or Take-out for Lunch or Dinner
12-3 pm Occasions-Polka/Dancing	Blini * Borscht * Chidken Soup * Halupki * Kugel
2 pm Moleiben prayer service for the 10th anniversary of 9/11	* Pelmeni * Pierogies * Pirozhki * Potato Pancakes * Sausage, Turkey & Kielbasi Sandwiches
3:30-6:30 pm The Occasions-Polka/Dancing	Baked Goods– Breads * Kiffles * Tassies * Cakes

St. Nicholas Russian Orthodox Church
980 Bridle Path Rd. Bethlehem, PA 18017 * 610-867-0402
http://stnicholasrussianorthodoxchurch.org

Youth Sports & Activities - Fall/Winter

TRACI CYR CO-ED Basketball Clinic Schedule

2011-12 School Year



MONDAY, OCTOBER 10
MONDAY, NOVEMBER 28
MONDAY, JANUARY 16
MONDAY, FEBRUARY 20

CLINICS RUN: 9am-12pm
 Boys and Girls Ages 7 to 15
 Cost: \$20 per clinic



TGIF Program

Come hang out with your friends the first Friday of every month!

Ages 6-12 6 to 8 pm

Dates Offered:

Oct. 7 (Halloween)

Nov. 4 (Monopoly)

Dec. 9 (Winter Wonderland)

Feb. 3 (Karaoke/Dance Off)

Cost: \$5 member

\$10 non-member

(includes activities and snack)

*No Jan. TGIF due to holiday

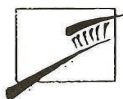


School Age Homework Help!

Looking for some enrichment for your child after school? This program will give your child an opportunity to work through homework problems, have some social activity and enjoy a theme related activity every day. Pick your schedule for your child— one day, two days or all 5 days!

Schedule for your needs with our enrichment coordinator:

Julie Farnsworth; 610-317-8701



HANOVER TOWNSHIP FAMILY DENTISTRY

MARY P. COUNTS, DMD
 4044 AUTUMN RIDGE ROAD
 BETHLEHEM, PA 18017
 610-867-2007

Half mile north of Hanover Elementary

Fitness Programs

Personal Training

One on One appointments \$20-hour/ \$15-30 minutes

Fall Tune-up Special: 3 personal training appointments for \$55.00

Small group training available: 2/3 people at \$15/hour per person.

Intro to Weight Training

Learn the basic fundamentals of fitness for life-long training, gym etiquette and safety. Intro to Weight Training is a pre-requisite for young adults 12/13 years old who would like to work out without a parent in the fitness room.

Dates: Tuesdays- October 27

Time: 6-8pm Cost: \$25 member/\$45 non-member

CHILDREN: COME VISIT US FOR OUR ROCK WALL CLASS!!

Fridays: 4-4:30 pm \$3 drop in member/ \$6 non-member



HTCC welcomes Coordinated Health's Pulse Performance Program

Joint Class - Who: Individuals looking to *Continue Strengthening* ankle, knee, hip, or back after physical therapy has concluded. What this class will do for you: improve your leg, hip, back and core strength; improve your flexibility, balance, agility and coordination. 30 minutes 2 x week for 4 weeks! When: Tuesday/Thursday @ 9 to 9:30 am Fee: \$80

Basketball Training Program— building better athletes through functional training! Jump higher, run faster, react quicker, increase strength and power, improve balance and coordination. 60 minutes 2 x week for 4 weeks! When: Monday/Friday @ 4:30 to 5:30 pm Fee: \$80

Speed and Agility Classes— Increase your speed and overall athletic ability, pre/post sport specific screening included!

When: Tuesday/Thursday @ 4:30 to 5:30 pm Fee: \$80

Both session dates are the week of: session A 9/19 to 10/10; session B 10/17 to 11/14. REGISTER AT HTCC— SPACE IS LIMITED! Winter sessions— Baseball/Softball TBD HTCC members receive 5% off!

Annual HTCC 5K Run with a "Pump & Run" Division! Saturday, Nov. 12th 9am start time!

Mark your calendars for the annual anniversary 5K Run. Awards will be given to the first place male and female overall finishers and to first, second, and third place finishers in each male and female age group. Register early to guarantee a T-shirt (First 100)! Medals will be given to the Pump & Run Division winners!

\$15 registration fee on or before November 1st

\$20 registration fee after November 1st



Less than 3% of our population is trained in life saving skills! We need to do our part to help save more lives— it could be your loved one you save. Many different options are there to teach you the skills you need to respond in an emergency situation! **Register at HTCC for the following two CPR courses.**

NEW Citizen CPR— This skill class increases the victim's odds of survival significantly!. Learn compression only CPR and help save a life! There is no prerequisite for this class or age requirement!

Thur., December 29th or Tue., February 7th Time: 7 pm Fee: \$15.00
Community CPR— Adult/Child/Infant

Learn how to recognize and care for victims of injury or sudden illness. All ages: rescue breathing, CPR, AED and choking. EVERYONE should know how to respond to an emergency. Take the appropriate steps to assist in helping others in your community—the first step is taking this class.

Saturday, January 14 Time: 12-5 pm Fee: \$75

Babysitter's Training-

This course provides youth who are planning to babysit the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe; help children behave; and learn about basic child care and basic first aid.

Sat. -October 22 9am-4pm \$55 To Register: 610-865-4400 Ext. 247
 Prerequisite: Students must be 11 years old by the last day of the class.

Dog and Cat First Aid

Do you know what to do if your pet suddenly gets sick? This course will help you learn how to protect your dog's and cat's health, how to administer medications, how to be prepared for an emergency with your pet, how to know if it is a medical emergency and recognizing and caring for breathing or heart emergencies. Participants learn and practice skills on dog and cat manikins throughout the course. Fee includes your choice of Dog or Cat First Aid Book.

Sat. September 24 9am-1pm \$55 To Register: 610-865-4400 Ext. 247

ALL CLASS HELD AT HANOVER TOWNSHIP COMMUNITY CENTER



Vera Bradley Bingo
 Sunday, October 23rd - 1 pm

This ANNUAL event has become a favorite. HTCC offers two opportunities a year to come and play for your favorite bags!

Purchase your ticket early for the discounted rate!

Tickets: \$15 early bird-on or before Sept. 17th

\$20 after Sept. 17th or at the door.

Raffle tickets will be sold at the door for additional prizes!

Food will be available!

Youth programming cont.

FEES FOR ALL PROGRAMS (Unless noted otherwise):
HTCC MEMBERS- \$39 NON-MEMBERS- \$59(unless noted)

A. Fall Session I: (week of) September 19-October 24

B. Fall Session II: (week of) November 7-December 12

C. Winter Session I: (week of) January 16-February 20

Hanover Indoor Soccer

5-12 yr.

After school soccer program directed by Fernando Carrizo.

Mondays: 4:00-5:00 pm

Sessions: B and C only

Youth Basketball 6-11 yr.

Boys & girls, Improve your ball handling with different b-ball games. Fun organized activity!

Wednesdays: 4:00-5:00 pm

Sessions: A, B and C

Hanover Soccer Academy

8 week program

Outdoor soccer designed to introduce the game with sound fundamental instruction. **Saturdays**

Dates: Sept. 10 –Oct. 29

Cost: \$49 mem/\$69 non-member

5-7 yrs– 9am 8-11 yrs-10am

Backyard Games

Remember ladder ball, bocce ball, handball “red butt”, dodge ball, and all the classics? Well here's your chance to re-live them!!!

5 Weeks Mondays 4:30-5:15pm

FEES: \$20 mem/\$40 non-members

Starts Sept. 26 and ends Oct. 24 Ages 6-11

Kickball 6-12 yr.

Kickball pick up games for 5 weeks! Minimum of 8 children for program to run!

-Sessions: B & C-**\$25 per session**

Thursdays: 4:15-5pm

Flag Football 7-11 yr.

Back again by popular demand!!!

Players will meet outside for 4 weeks of fall football.

Tue. & Thurs.: 4:15-5:15pm

Sessions: A. 9/20-10/13

B. 10/18-11/10

Cheer Sport/Tumbling

Times/Dates/Sessions TBA

Volleyball 10-15 yr.

Learn fundamentals of proper serving, setting, passing and blocking. **Wednesdays** 5pm-6pm
 Sessions: A, B and C

3-5 Year Old Sport Programs

Lil' Tykes Football 3-5 yr. old

Our goal is to expose your child to basic football skills and coordination.

Fridays 4:00-4:30pm

Session: A, B and C **Fee: \$25/\$45**

Dance 3-6 yr. old

This dance class incorporates tap, ballet and jazz. **Wednesdays: 4:15-5pm** Session A, B and C **Fee: \$49/\$69**

Lil' Athletes 3-5 yr.

This program introduces children to all sports! **Tuesdays: 4:15-5pm**

Sessions: A, B & C **Fee: \$39/\$49**

Don't get “locked” out, register early to secure your spot!

The ART PROGRAM at HTCC

All children's art classes described below run by semester. Discounts are available for students registering for the full year. Exhibits of student work are held twice a year. \$15 materials fee per class, unless otherwise noted.

Semester I: 9/19 – 12/12 (no classes week of 11/21)

Semester II: 1/16 – 4/9 (no classes week of 4/2)

Bonus week for full-year students: 4/16 – 4/20!

FUNDamentals of Art (Grades 1-3)

Students will learn the elements and principles of art through a variety of medium. We will view work by selected artists and discuss color, shape, line, space, balance, scale, etc. in the work. Students will also learn about the cultural/historic context in which the artist's worked and how it influenced their art. Projects will be individualized to students' interests and will include a variety of medium.

Emphasis will be placed on process. \$90/\$115 per semester, full-year discount \$180/\$230 + \$10 materials fee *Tuesdays 4:00 – 5:00 PM*

Explorations in Art (Grades 4-5)

This class builds on the skills learned in FUNDamentals by exploring a wider variety of media and techniques. Projects will be individualized to students' interests and level. Emphasis will be placed on process with an increased awareness of outcome. \$135/\$170 per semester, full-year disc. \$205/\$265 + \$10 Materials Fee *Tuesdays 4:30-6:00 PM*

Advanced Art (Grades 6-8)

Designed for students with a strong artistic background & mastery of basic techniques interested in developing artistically. Projects will be individualized to students' interests & will explore a variety of media. Greater importance will be placed on choices the artist makes. \$135/\$170 per sem, full-yr disc. \$205/\$265 + \$10 Materials Fee *Thursdays 3:45-5:15 PM*

Intro to Ceramics (Grades 4-8)

Explore a range of non-wheel techniques in clay and options for glazing. Create your own decorative and functional works of art! Runs in 6 week mini-sessions: 10/24-12/5, 1/16-2/20, 2/27-4/9 \$65/\$85 per session +\$20 material fee *Mondays 6:30-8:00 PM*

Explorations in Media & Technique for Adults (Adults & Teens)

Looking for an opportunity to explore artistic media & techniques? This class covers basics & allows students to progress at their own pace. Learn techniques in a variety of media. Choose the projects you want to pursue. Perfect for the adult looking to explore a new activity or students building a portfolio.

10/24-12/5, 1/16-2/20, 2/27-4/9 \$65/\$85 per session +\$20 Material Fee *Wednesdays 6:00-8:00 PM*

Ceramics Workshop for Adults

Explore a range of non-wheel techniques in clay and options for glazing. Create your own decorative and functional works of art!

10/24-12/5, 1/16-2/20, 2/27-4/9 \$65/\$85 per session +\$20 material fee *Mondays 1:00-2:30 PM*

Watch for upcoming Pasta Dinner at HTCC
Chef Fran will be serving up some flavorful dishes!

Enrichment/Extended Care Programs

Monday thru Friday - 7:30 am to 5:30 pm (6:00 w/ contract). Available for children aged 2.5 to 12 years old. Block hours with 24 hour advance registration for HTCC members are available, or contract agreements during the traditional school year. For more detailed information contact HTCC. www.hanovercommunitycenter.com

Enrichment program quick facts:

- Enrichment hours are purchased in blocks of 10 to 50 hours.
 - If using Block Hours, Parents must sign up 24 hours in advance at the Front Desk– phone registrations taken up to 5:30 pm with enrichment care personnel.
 - Contracts are honored and paid monthly -8/31 to 6/4 with a minimum of 10 hours a week. BEST VALUE
 - Seamless transition from class, lunch bunch, and/or creative club!
- Registration is handled by appointment only– contact Julie Farnsworth to register your child. Child must be a member of HTCC.

Join our Creative Club Daily from 1-3pm!

Extend your preschooler's week with Creative Programming. Daily themes are: Masterpiece Mondays (Art), Tasty Tuesdays (Cooking), We did it Wednesdays (Crafts), Traveling Thursdays (Exploring Different Cultures) and Fantasy Fridays (Literature).

Register your child for Creative Club in the Enrichment book; children do not have to be a Hanover Preschool participant, but must be a member of the center. Purchase block hours and use them as needed during this fun Creative Club time!



**Our Fall Scholastic Book Fair is scheduled
for November 17-22, 2011.**



Holiday Shopping Showcase!

November 17th - 5:30 to 8:30 pm

Annual fundraiser for Hanover Preschool– do your shopping early! Many hand-made one-of-a-kind gifts, jewelry, sports jerseys, unique artisan's and more.
Free admission - Concession stand open!

Tricky Tray in Lobby!



HTCC joins local charities in presenting

Community Bingo

6:30 pm early bird games

7:00 pm regular games

First Thursday of every month

Please join us...fun evening out!

Kitchen Open-Come hungry!



Hanover Township Children Services



Hanover Preschool:

We have one of the lowest teacher to student ratios in every classroom, and the most qualified teachers in early childhood education. Just one look inside our spacious, inviting classrooms is all it takes to see what makes Hanover Township Preschool a "cut above the rest".

2012/13 Hanover Township Preschool Registration:

Open registration January 7, 2012 @ 10 am and January 12, 2012 @ 6pm.

Session Dates: A: 9/19-10/24, B: 11/7-12/12, C: 1/20-2/20 (All are week of)

• **Operation Healthy Kids**

Tumbling/movement programs designed to encourage healthy fitness for your preschooler!

Instructors: Kids' Co-Op

Wednesdays 11:00-11:30 Mom & Me

11:30-12:00 3-5 yr old

Sessions: A, B and C Fees: \$25/\$45

• **Story Station**

2-4 yrs Session: A, B, C

15 minutes of movement with your toddler and 15 minutes of stories, songs and finger plays. Shake your sillies out, then settle in for stories, songs, etc...Fees: \$25/\$45

Tuesdays 12:30-1pm

• **Art-Works!** (Pre-K-K)

Children will use art as a basis for learning colors, shapes, math concepts, language development and self expression. (Not a "mom & me" class—class size is limited!)

Session: A & B

Mondays 11:45am-12:30pm

(\$39/\$59 + \$5 material fee)

• **Dance** 3-6 yr. old

This dance class incorporates tap, ballet and jazz. (\$49/mem \$69/non)

Wednesdays: 4:15-5pm

Session A, B and C

• **YOGA for Preschoolers**

Inspires the child to be creative, helping self-awareness, – go from silly to calm with yoga poses!

Mondays 11:45-12:15 Fees \$25/\$45

All sessions!

• **Lil Tykes Football 3-5yr. old**

Our goal is to expose your child to basic football skills and coordination..

Fridays 4:00-4:30pm

Fees: \$25/\$45 All Sessions!

• **Kinderclub** 4-6 yrs

Curriculum is designed to enhance academic skills in a focused yet fun environment.

Tues only or Tues/Thurs 9-11:30am

1st Semester Runs Sept 20-Dec 22,2011

2nd Semester Runs Jan 3-April 3, 2012

Contact Preschool for more info.

610-317-8701 or email

HTCC-CS@hanovertwp-cc.org

OR See Kinderclub Flyer

• **Climb & Craft** 3-5 yrs.

Spend 20 minutes making a craft and 25 minutes scaling our "Climb High" Wall in the gym. The perfect blend of fun and fitness for your preschooler!

Wednesdays 11:45-12:35 Fees \$25/\$45

All sessions!

• **T-ball** 3-6 yrs.

Beginner look at the game of baseball. A glove is required!!

Fridays 4:30-5pm

Sessions: A, B and C

Cost: \$25 members/ \$45 non-members

Lifestyle Programming

Dynamic years - 50+

Call HTCC for more details and to register for these fun social gatherings for the over 50 crowd!

- Ceramics/Arts/Book Club/ and more....
- Pickle Ball –paddle ball game in the gym
- Red Hat Society Luncheon requires a yearly Red Hats registration and the cost of lunch. First Wednesday of each month is the Red Hat Luncheon.
- Fee: \$5 HTCC Members/ \$10 Non-Members

AARP 50+ Drivers Safety class –cut your insurance payment!

Date/Time: Oct. 25th & 27th from 12:30-4:30 pm

Register with HTCC! Payment to AARP - up to \$14.00



FREE Blood Pressure Screening:

First Wednesday of every month from 8:30 am to 9:30 am in the lobby of the Community Center.



Coordinated Health Services is coming to the Center!

Join the Pulse program as they offer classes for those folks who have had joint replacements, joint pain, arthritis, or inactivity. Start in a safe environment as you work with the educated Pulse staff on improving physical fitness!



TOPS CLUB Inc.- Hanover Township

TOPS Club, Inc. is a nonprofit, noncommercial weight-loss support organization. This chapter will be hosted by HTCC to help our residents and members

When: Thursdays / weekly

Time: Weigh in from 7-7:30 pm w/ optional meeting following

Fees: TOPS National Registration yearly fee \$24 & \$3 per meeting - members of HTCC pay \$1 per meeting.



Basics of Buying and Selling on Ebay– Most Popular Class!!

Class for the beginner who wants to buy or sell on Ebay-the online marketplace. 2 hours of instruction on how to open an account, research items, create listings and monitor and ship items. This class will get you started in a pinch

Fee: \$15 Time: 6-7:30pm Offered: Oct. 25 or Jan. 24



Extreme Couponing– NEW CLASS!!

Class for the beginner "couponer" or consumer looking to save a buck! Topics include: coupon organization, coupon lingo, saving Big at Grocery Store and Pharmacy your holiday online shopping! We'll teach you how to save **BIG** on your shopping bill! Tuesday, Dec. 6 6-7:30pm \$15



You do not need to be a Hanover Twp. Preschool student to take advantage of the wonderful added value programs for preschool age children!

Lower Northeast Karate

Child: 6-12 yrs Adult 13 yrs +

Program runs year round

Techniques from Shotokan, Aikido, and Judo are taught in a progressive atmosphere. Upon passing each advancement test, the participant is certified for the achievement level through the Shotokan Karate Association. Everyone is taught self defense against "street attacks."

Participation in the annual Shotokan Karate tournament is encouraged. Benefits include self-confidence, self-esteem, self-discipline, weight reduction, stress relief, self-respect, muscular endurance and respect for others.

Instructor- Sensei Tim Heinsinger

Mondays and Wednesdays

6-7:30pm- Youth Fee: \$30 fitness member, \$40 basic member, \$55 non member per month

7:30-9pm- Adult Fee: \$40 members, \$50 non-members



MUSIC Lessons

We offer beginner piano, woodwind, and brass.

Instructor: Susan Lischner / Matt Deibler

All lessons last for 30 minutes.

\$19 per music lesson, by appointment

Guitar Lessons are also available!!!

Instructor: John Fruhman

For openings or inquiries, please call HTCC, 610-317-8701



Fall/Winter QuickStart Tennis

QuickStart tennis is an exciting new way to learn tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. **Price: \$35 mem/\$45non-member**

Pre-requisite for QS 2 is 2 sessions of QS 1

Quickstart 1 Ages 5-7 (Thursdays) 4:15-5pm	Quickstart 2: Ages 5-7 (Thursdays) 5-5:45pm	Quickstart 1 Ages 8-11 (Wednesdays) 4:15-5pm	Quickstart 2 Ages 8-11 (Wednesdays) 5-5:45pm
Session 1: Oct. 6, 13, 20, 27	Session 1: Oct. 6, 13, 20, 27	Session 1: Oct. 5, 12, 19, 26	Session 1: Oct. 7, 14, 21, 28
Session 2: Nov. 3, 10, 15, 17	Session 2: Nov. 3, 10, 15, 17	Session 2: Nov. 2, 9, 16, 23	Session 2: Nov. 2, 9, 16, 23
Session 3: Dec. 1, 8, 15, 22	Session 3: Dec. 1, 8, 15, 22	Session 3: Dec. 7, 14, 21, 28	Session 3: Dec. 7, 14, 21, 28
Session 4: Jan. 5, 12, 19, 26	Session 4: Jan. 5, 12, 19, 26	Session 4: Jan. 4, 11, 18, 25	Session 4: Jan. 4, 11, 18, 25

3 on 3 Middle School Basketball Tournament

Saturday, January 28th Time: 10am-?

Any students in grades **5-8** can compete. Teams can have a MAX of 4 players. Games will be **15 minutes** in length and it will be a double elimination style tournament. Medals will be awarded to overall winners and MVP. Register early to secure a spot.

Cost: \$20 per team

Huntington Learning Center & HTCC

Present free workshops for parents...

- **Reading Readiness/ Struggling Reader**– this two part workshop will address how you can make your home a literate environment and strategies and activities to increase your child's literacy and reading readiness. The second part of this workshop will address the older child who is struggling with this new skill, recognizing a child who needs help and learning tips to help them increase to an appropriate reading level.

Date: Tuesday, Oct. 11th Time: 7:00pm-RR/7:30pm-SR

- **Journey to College I**– concentrates on 8th & 9th graders planning their high school experiences with college as the final destination! Study habits, learning about the college process and how to be prepared for exploring your options for a higher education.

Date: Tuesday, Jan 10th Time: 7:00 pm

- **Journey to College II**– this session will directly address the questions about the SAT/ACT experience, navigating college applications and admission essays, and learning about financial aid from a veteran parent's point of view. This segment draws heavily on Huntington's own curriculum and proven strategies.

Date: Tuesday, Jan. 24th Time: 7:00 pm

Please register at HTCC for these valuable workshops by calling 610-317-8701. Refreshments will be on hand!

The mission of the Hanover Township Community Center is to offer families and individuals the opportunity to participate in innovative and comprehensive programs designed to enrich social and physical growth while enhancing the community wellbeing. – **We believe education contributes to this mission!**